

Woodland Series July Course

(4.5 miles 380 Elevation gain)

Start at the speedbump on the far side of the bridge with pond/beach on your left

Run up the road heading out of the park towards the guard shack

Run past the guard shack on the right side road

Turn right into the double track just after the camper's site (.3 miles)

Follow the double track and go right at the split (.5 miles)

Turn right on to Quebec

Turn left coming out Quebec single track turn left again 20yds

Turn right onto Golf

Follow Golf and turn left at about 1.5miles (small intersection)

Take next right up the Golf hill - At the top stay left

Follow Golf and at about 1.9 miles look for the Foxtrot single track at the intersection in front of you

Take Foxtrot and turn left at the intersection where Quebec single track is right in front of you

You will be running up a little sand hill

At the end of Foxtrot turn right on to Echo

At the end of Echo turn left back out to the road

Cross the road and go straight onto Delta (slightly to the right)

At the end of Delta single track go straight across the field and straight down the access road

Turn right off the access road heading towards Charlie (2.8 miles)

Stay to the left on the double track and do not go up Charlie

At the end of the double track turn right then left across the river bridge and head up to the dam

Turn left at top of dam

Enter the woods and go straight onto Papa

At the end of Papa go right

Take next right up the hill

At top turn left down the hill and out to the road - turn right to the finish line (far speed bump)

